



Arunima Sinha: First Female Amputee to Climb Mount Everest



Volume 4



Boniface Prabhu: Wheelchair Tennis Champion



Deepa Malik: India's First Paralympic Medalist



Sheetal Devi: Para archery



Inshah Basir: First Women basketball player

My disability
Is my strength

STEPS AHEAD
A MONTHLY NEWSLETTER

Editors Desk



P S Prasad

I am happy to share the Monthly newsletter '**STEPS AHEAD**' for the month of February 2026.

We had a great get together to show case our Shishu Punarjanmam talent on the 27th of February.

Please do write to us at prasad@freedomtrustchennai.org for any feedback and suggestions or to add any other sections that would benefit all of us. Happy Reading!

SHISHU PUNARJANMAM



There was a grand **musical evening** on the **27th of Feb 2026** from 5.30 pm at **Dakshinamurthy Auditorium**, Ramakrishna Mutt Road, Mylapore, Chennai, as part of our Shishu Punarjanmam Project where we train and support differently abled children. Our exceptionally talented PEARLS enthralled us by their scintillating music. The Chief Guests were Bombay Jayashri, Rtn. Vinod Saraogi District Governor Rotary district 3234.

Message from Sukanya – a SOFT member

A beautiful evening with such incredible talent in the house!! Heartwarming to see the next batch of pearls inducted today ...May they go onto shine bright ♡ Sanmina's multi-year commitment to Sishupunarjanmam project is a treatment to the vision of the program and the commitment of heartfelt souls behind its success :)

More power to the FT team, and to the pearls!

Activities of the Month

Freedom Trust, in collaboration with **CavinKare Pvt Ltd**, conducted a distribution camp organized under the "Walk India" project, which is to provide essential Artificial Limbs and appliances to amputees. The camp followed the assessment and measurement camps conducted at **AS Mahal**, Dindigul on 25.02.2026. The **Dindigul Disabled Welfare Association** played a crucial role as the local partner, assisting in the mobilization of beneficiaries who included both children and adults with severe mobility challenges. A total of **125** beneficiaries received **129** artificial Limbs (some of the beneficiaries were bilateral) along with **61** mobility aids and appliances. The Limbs were customized to suit the individual needs of each beneficiary, ensuring maximum comfort and utility.

The event was graced by distinguished dignitaries, namely **Mr Srivatsan Krishnamurthi, Ms. Geetha from CavinKare Pvt Ltd, Dr. S. Sunder, Founder and Managing Trustee and Ms. Usha Bharadwaj, Board Member, FREEDOM TRUST**, underscoring the spirit of collaboration between the organizations.

Their presence not only elevated the significance of the occasion but also served as a source of encouragement and motivation for the beneficiaries and their families.



125

Beneficiaries

129

Limbs

61

Appliances

Freedom Trust conducted an assessment and measurement camp under project '**Gram Vikalang Punarjanmam**' at Tamil Nadu Worker's Union Hall, Sirkazhi, Mayiladuthurai district, Tamil Nadu on Tuesday, **17th February 2026**, and catered to children and adults facing physical challenges due to conditions such as Cerebral Palsy, Polio, Muscular dystrophy, Stroke, Amputation and other Locomotor disabilities. Beneficiaries from in and around Sirkazhi. The sponsor for the appliances was **Shriram Group of Companies**

The beneficiaries were identified and mobilized by **District Disabled welfare office Mayiladuthurai** in coordination with **Freedom Trust**. The camp commenced with the registration process of the beneficiaries and it was led by Dr S. Sunder Founder & Managing Trustee, Freedom Trust and Mrs. Usha Bharadwaj along with camp team from Freedom Trust.

A total of **82 beneficiaries** underwent the assessments for the camp. Dr Sunder, eminent physical medicine and rehabilitation expert examined all the patients and prescribed mobility aids and appliances based on their medical needs.



82

Beneficiaries

15

Limbs

112

Appliances

Upcoming Activities

3rd
Mar

WALK INDIA / ASSESSMENT
At Coimbatore
Donor – Vara Future LLP
3rd March 2026

4th
Mar

GVP/ ASSESSMENT
At Mysuru/ Sargur
Donor – Lennox/ Xylem-Evoqua
4th March 2026

5th
Mar

WALK INDIA / ASSESSMENT
At Puttur, Karnataka
Donor – Rotary Club of Puttur & RCCM
5th March 2026

7th
Mar

GVP/ ASSESSMENT
At Sirkazhi
Donor – Shriram Group of Companies
7th March 2026

8th
Mar

WALK INDIA / ASSESSMENT
At Cuddalore
Donor – SANMAR
8th March 2026



A team is
many hands & one mind.

Let's Work Together



<https://www.freedomtrustchennai.org>



Flat 9, Block D1, Anand Apts, 50,
Lattice Bridge Road,
Thiruvanmayur,
Chennai - 600041, INDIA



+91 9884017316